March 7, 2016

Hi Everyone:

This past Thursday 3/3/16, I taught “The Use of Muscle Testing in Clinical Practice”, this was the third time I did this program since last year. The following day March 4, 2016, marked the 100th Anniversary of muscle testing as an evaluative tool in health care, which was published in the Journal of American Medical Association, Robert W. Lovett, MD; E. G. Martin, PhD. The paper was titled “Certain Aspects of Infantile Paralysis: With a Description of a Method of Muscle Testing”. For chiropractor the name of Lovett should ring a bell in the relationship of vertebral C1 to L5, C2 to L4 and so on, this is referred to as a “Lovett Vertebra”.

I am starting on April 7, 2016, “AK IN A NUT SHELL”, which I developed over twenty five years ago. This version is the condensed 100-hour Basic AK course done in 50 hours. I am hold the classes at the Institute for Continuing Education-(ICE), Fairfield, NJ. This will be the first time I have ever taught the class on one day a week for ten weeks, which would be similar to taking the class in Chiropractic College. All the classes will be on Thursdays, April 7, 14, 21, 28, May 5, 12, 19, 26, and June 2, 9, this weekday was chosen, because most chiropractor work on Mondays, Wednesdays and Fridays. I think this will make learning and applying what you learn much easier and avoid giving up weekends. The class start at 8:30 AM and go to 1:30 PM, which will allow you to go back to your office and treat patients on Thursdays if you want to. Also remember these hours count toward ICAK-USA certification and all 50 hours will count towards CEU in New Jersey and may be excepts in other states because these hours are NJ board approved.

See the accompanying attachment for the specific of the class. I hope to see all of you who told me you wanted to study AK in the past, but could not take off the time to take this program.

Sincerely,

Paul T. Sprieser, DC, DIBAK