

CURRICULUM VITAE

Walter H. Schmitt, Jr., B.A., B.S., D.C., D.I.B.A.K., D.A.B.C.N.

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Date of Birth: May 7, 1948

Education:

Duke University, Durham, North Carolina, 1966-1970
Degree: B.A. (Economics)

National College of Chiropractic, Lombard, Illinois, 1971-1974.
Degrees: B.S. (Human Biology); D.C.

Honors, Awards, Positions:

1973-74 Assistant Instructor - Kinesiology, National College of Chiropractic
1973-74 Elected to "Who's Who Among Students in American Colleges and Universities"
1975-77 Postgraduate Faculty, National-Lincoln Postgraduate School of Chiropractic
1975- Charter Diplomate, International Board of Applied Kinesiology
1975-77 Treasurer, International College of Applied Kinesiology
1975-81 Chairman, Education Committee, International College of Applied Kinesiology
1975-79 Private Practice as associate of George J. Goodheart, D.C., Detroit, Michigan
1980- Private Practice - Chapel Hill, North Carolina
1981-84 Vice Chairman, International College of Applied Kinesiology
1982 Special Recognition Award - North Carolina Chiropractic Association
1983 Member of Research Protocol Workshop United States Olympic Committee
Commission on Sports Medicine Modalities Project on Chiropractic Care of
Athletic Orthopedic Injuries
1984-95 Member-at-large - Executive Board, International College of Applied
Kinesiology-USA
1985 Special Recognition Award - North Carolina Chiropractic Association
1986 Recipient of "Research Paper of the Year" Award - International College of
Applied Kinesiology
1988 Adjunct Faculty, Logan College Postdoctoral Department. 3 session course on
"The Links Between The Nervous System and The Body Chemistry"
1989 Adjunct Faculty, Logan College Postdoctoral Department. 3 session course on
"The Links Between The Nervous System and The Body Chemistry"
1989 Recipient of "Research Paper of the Year" Award - International College of
Applied Kinesiology
1989-2001 Editorial Review Board - *Chiropractic Technique*

Honors, Awards, Positions (continued):

1990 (January) "Clinician of the Month" - Interview in Preventive Medicine Update monthly
tape series by Dr. Jeffrey Bland

- 1990 Recipient of Brazilian Gold Medal of Honor - Centro de Reabilitacao Nossa Senhora da Gloria, Rio de Janeiro. For work on behalf of brain injured children - World Organization for Human Potential, Philadelphia.
- 1991- Adjunct Faculty, Logan College of Chiropractic Postdoctoral Department.
- 1991- Diplomate in Chiropractic Neurology (American Board of Chiropractic Neurology)
- 1991 Diplomate of the American Academy of Pain Management
- 1992 Recipient of Alan Beardall Memorial Award for Innovative Research Paper - International College of Applied Kinesiology
- 1992-3 Member - Research Advisory Committee - Foundation for Alternative Conservative Therapies Research (FACTR)
- 1993-99 Trustee - Foundation for Alternative Conservative Therapies Research (FACTR)
- 1996- Editorial Review Board - *Alternative Medicine Review*
- 2000 Director of Clinical Processes Development - Medigy, Inc.
- 2005-06 Recipient of "Research Paper of the Year" Award - International College of Applied Kinesiology
- 2007 Recipient of Statuette with Pedestal with Award - For work on behalf of brain injured children - World Organization for Human Potential, Philadelphia.
- 2007- Adjunct Faculty – Life University

Licenses:

State of North Carolina Chiropractic License #805
State of Michigan Chiropractic License #2728

Publications (Refereed Journal Papers):

Schmitt WH, Leisman G. Correlation of applied kinesiology muscle testing findings with serum immunoglobulin levels for food allergies. *International Journal of Neuroscience*. 1998, 96:237-244.

Publications (Refereed Journal Papers - continued):

Schmitt WH, Yanuck S. Expanding the neurological examination using functional neurological assessment part 2: neurologic basis of applied kinesiology. *International Journal of Neuroscience*. 1999, 97:77-108.

Schmitt WH, Cuthbert SC: Common Errors and Clinical Guidelines for Manual Muscle Testing: "The Arm Test" and Other Inaccurate Procedures. *J Chiropractic & Osteopathy* 2008, 16:16. <http://www.chiroandosteo.com/content/16/1/16>

Publications (Trade Journal Articles):

"The Relationship of Structural Imbalance and Nutritional Absorption", *ACA Journal* 11:4, April, 1974. p. S-50.

"The Chiropractic Clinician" ('Frozen Shoulder Syndrome'), *ACA Journal* 12:10, October, 1975. p. 24.

"The Vertebral Challenge", *Digest of Chiropractic Economics* 18:6, May-June, 1976. p. 24.

"One Common Cause of Recurrent Foot Subluxations", *Digest of Chiropractic Economics* 19:6, May-June, 1977. p. 28

"Cranial Technique: A Clarification of Certain Principles", *Digest Of Chiropractic Economics* 20:3, November-December, 1977. p. 26. (co-authored with George J. Goodheart, D.C.)

"Vertebral Fixations Which Mask Other Faults", *Digest of Chiropractic Economics* 21:1, July-August, 1978. p. 62. Also in *Louisiana Journal of Chiropractic* 5:1, August-September, 1980.

"Applied Kinesiology Diagnosis and Treatment of Emotional Stress Overload", *Journal of Energy Medicine* 1:1, Spring, 1980. (co-authored with George J. Goodheart, D.C.)

"The Ligament Stretch - Adrenal Stress Syndrome: Summary of Clinical Investigation", *Louisiana Journal of Chiropractic* 5:3, January, 1981.

"Iron, Vitamin B-12, and Folic Acid: A Correlation of Laboratory and A.K. Findings", *Digest of Chiropractic Economics* 24:5, March-April, 1982. p. 40.

"Gall Bladder Pain", *Digest of Chiropractic Economics* 24:6, May-June, 1982. p. 14.

"A Whole Body Look at the Correction of TMJ Dysfunction", *North Carolina Dental Gazette* 4:6, November-December, 1982. p. 10 (co-authored with Jerold I. Morantz, D.C.)

"The Psoas Sitting Test: Key to Hidden Lumbosacral Problems", *Digest of Chiropractic Economics* 25:2, September-October, 1983. p. 10.

Publications (Trade Journal Articles - continued):

"History of Applied Kinesiology" The American Chiropractor 1984 (co-authored with John F. Thie, D.C.)

"Applied Kinesiological Observations of Allergic Patients - Part I", Digest of Chiropractic Economics 27:1, July-August, 1984.

"Part II", Digest of Chiropractic Economics 27:2, September-October, 1984.

"Fundamentals of Essential Fatty Acid Metabolism - Part I" Digest of Chiropractic Economics 28:1, July-August, 1985. p. 38

"Fundamentals of Essential Fatty Acid Metabolism - Part II" Digest of Chiropractic Economics 28:2, September-October, 1985

"The Use of Phonocardiography in the Identification of Functional Problems - Part I" Digest of Chiropractic Economics 29:4, January-February, 1987. p. 46.

"The Use of Phonocardiography in the Identification of Functional Problems - Part II" Digest of Chiropractic Economics 29:5, March-April, 1987. p. 26.

"But What If There's No Water In The Hose", Digest of Chiropractic Economics 29:6, May-June, 1987. p. 14.

"Clinician of the Month" interview - Jeffrey Bland's "Preventive Medicine Update" Monthly Research Tape 9:1, January, 1990.

"The clorox test: a screening test for free radical pathology", parts I and II. Digest of Chiropractic Economics 30:2, September-October, 1987, and 30:3, November-December, 1987.

"Molybdenum for candida albicans patients and other problems", Digest of Chiropractic Economics 31:4, January-February, 1991. pp. 56-63.

"Set Point Technique", Digest of Chiropractic Economics 34:4, January-February, 1992. pp. 52-56. (co-authored with Michael Lebowitz, D.C.)

"Letter" (viscerosomatic and somatovisceral pathways), AK Review 1:1, Fall, 1990 p. 3.

"What to do when aspirin helps the patient", The American Chiropractor, March-April, 1994. pp. 20-25.

"Applied kinesiology procedures demonstrated in laboratory study", The American Chiropractor 17(1) January/February, 1995. p. 37.

"The liver, adrenals, joints, and sulfate", The American Chiropractor 17(2) March/April, 1995. pp. 8-11.

Publications (Trade Journal Articles - continued):

"Neurophysiological study supports applied kinesiology procedures", Journal of the American chiropractic association 32(3) March, 1995. pp. 47-48.

"Get These Out of Your Family's Kitchen" Chiropractic Journal of North Carolina, Nov/Dec 1995;78(6):26-29.

also republished in Journal of the Nutrition Council of the American Chiropractic Association, October, 1996.

"Applied Kinesiology Supported" Chiropractic Journal of North Carolina, Fall, 1997;80(1):24

"A Private Account of My Good Morning America Interview" *Chiropractic Economics*, June, 1998:40(8):42-47.

"Hands-on Pain Relief From Stop Your Pain Now! - Part 1, Nociceptor Stimulation-Blocking (NSB) Technique for Acute Pain Relief." Florida Chiropractic Association, Inc. Journal, Oct/Nov/Dec 2009, pp. 22-27. (co-authored with KM McCord)

"What To Do First, Next and Last - An Introduction to Quintessential Applications", Florida Chiropractic Association, Inc. Journal, Oct/Nov/Dec 2009, pp. 18-20. (co-authored with KM McCord)

"Hands-on Pain Relief From Stop Your Pain Now! - Part 2, Location, Quality, Memory of the Pain (LQM) Technique for Chronic Pain Relief." Florida Chiropractic Association, Inc. Journal, Jan/Feb/Mar 2010, pp.20-24. (co-authored with KM McCord)

"Quintessential Applications: A(K) Clinical Protocol - The Evolution of a Neurological & Biochemical Hierarchy Part 1." Florida Chiropractic Association, Inc. Journal Oct/Nov/Dec 2010, pp. 20-26. (co-authored with KM McCord)

"The Functional Neurology of Visceral Referred Pain." ICAK Italy Journal (online) Spring, 2014, pp. 9-15.

"Measure, Measure, Measure... 'Indicator Testing' and Nutrients for Reducing Musculoskeletal Pain and Increasing Ranges of Motion." American Chiropractic Association Council On Nutrition Newsletter, July/August, 2014. pp. 4-7

Publications (Books) - Contributing author:

Chapter on "Applied Kinesiology", (co-authored with George J. Goodheart, D.C.) in *Wholistic Dimensions in Healing*, edited by Leslie J. Kaslof, Doubleday and Company, Garden City, New York, 1978. p.77.

Chapter on "Assessing Nutritional Status Using Muscle Testing For Functional Neurological and Neurochemical Evaluation" in *Clinical Chemistry and Nutrition Guidebook: A Physicians Desk Reference*, edited by Russell Jaffe and Paul Yanick, Jr., privately published by EPP Publications, P.O. Box 549, Hamlin, Pa. 18427. 1988. p. 168.

Publications (Books) - Contributing author: (continued)

Chapter on "Applied Kinesiology: Individual Assessment Using Applied Kinesiology Procedures" in *The Whole Mind - The Definitive Guide to Complementary Treatments for Mind, Mood, and Emotion*, ed by Bassman, Lynette. New World Library, Novato, CA 1998. pp. 71-82.

Publications (Books) - Co-Author:

McCord, Kerry M. and Schmitt, Walter H., *Quintessential Applications: A(K) Clinical Protocol*. Privately published by Healthworks!, P.O. Box 530186, St. Petersburg, FL 33747. Distributed through Applied Kinesiology Study Program, 1926 Overland Drive, Chapel Hill, North Carolina 27517. 2005. (150 pages)

Publications (Books) - Sole Author:

Compiled Notes on Clinical Nutritional Products, Second Edition. David Barmore Publishers, Baldwin Place, New York. 1990. Distributed through Applied Kinesiology Study Program, 1926 Overland Drive, Chapel Hill, North Carolina 27517. 1979. (200 pages) [First edition: 1979. (72 pages)] [Special Third edition: 2012 (236 pages)]

Common Glandular Dysfunctions in the General Practice - An Applied Kinesiological Approach, privately published and distributed through Applied Kinesiology Study Program, 1926 Overland Drive, Chapel Hill, North Carolina 27517. 1981. (155 pages)

Stop Your Pain Now! privately published and distributed through Stop Your Pain Now, LLC, Chapel Hill, NC 27517. 2000. (48 pages)