

Presenter Bios



Robert Rakowski



Andrew Rostenberg

Robert Rakowski, DC, CCN, DABCN, DIBAK, is a chiropractor, kinesiologist, certified clinical nutritionist, certified BTA instructor, AFMCP graduate, and the clinic director of the Natural Medicine Center in Houston, Texas. In addition to running a busy practice, he has developed and taught many seminars in the United States and Europe over the past 26 years. He has appeared on numerous television programs and has been a guest lecturer at University of Texas Medical School. His clinical experience ranges include treating elite professional athletes, children, the walking-wounded, and critically ill patients with a variety of cancers and autoimmune disorders.

Andrew Rostenberg, DC, is a chiropractor, kinesiologist, functional medicine expert, methylation researcher, and director of Red Mountain Natural Medicine in Boise, ID. He is a graduate of NWH SU and has been heavily influenced by the Rakowski Style of AK and Functional Medicine. Using the AK and functional medicine tools taught by Dr. Rakowski, Dr. Rostenberg has built a very successful, internationally renowned practice in Boise, ID. Focusing on cutting-edge kinesiology and nutritional solutions, his clinic has attracted patients from all over the world and has grown enormously in a just a few short years. He is also the founder of BeyondMTHFR.com and a leading voice in the emerging field of functional medicine and genetics, raising awareness of how genetic variation impacts our health.



PO Box 219
Maple Plain, MN 55359

Mastering Applied Kinesiology
Muscle Testing and Critical Concepts
Robert Rakowski, DC
Andrew Rostenberg, DC
Northwestern Health Sciences University
2501 West 84th Street
Bloomington, MN 55431
Call Northwestern Health Sciences University today to register!
952-885-5446

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Register online: https://www.nwhealth.edu/conted/seminars/ak_master.html

Mastering Applied Kinesiology
Muscle Testing and Critical Concepts
Jan 26-27, Feb 23-24, Mar 23-24, May 4-5, 2019



Mastering Applied Kinesiology

Sessions

Registration

Join us for the 2019 Applied Kinesiology Workshop. Participants can expect to demonstrate proficiency in lower extremity, upper extremity, core, and cranial testing, focusing primarily on the neuro-muscular system. Additionally, participants will be expected to identify neuro-lymphatic and cranial relationships, helping practitioners to more carefully diagnose and treat a variety of ailments.

Many of today's most influential practitioners suggest the quality of their AK testing is one major component that has set them apart. This new format is derived to create master-like craftsmanship in applied kinesiology. Led by world-renowned practitioner, Robert Rakowski, DC, and Andrew Rostenberg, DC, supported by a team of Applied Kinesiologists and team leaders, this hands-on experience will be filled with additional clinical pearls that can be applied immediately into practice, enhancing quality of care and patient outcomes.

- Hands-on experience with practical application
- Enhanced student-to-instructor ratio
- Instructors: World-renowned Robert Rakowski, DC and Andrew Rostenberg, DC
- *"Mastering Applied Kinesiology has allowed me to help more people than I've ever imagined, which has created a successful and profitable practice year after year."* — Ron Ledoux, DC

SEMINAR INFO

"Mastering Applied Kinesiology"
with Robert Rakowski, DC and Andrew Rostenberg, DC
January 26-27, February 23-24, March 23-24, May 4-5, 2019

Northwestern Health Sciences University
2501 West 84th Street, Bloomington, MN 55431
p 952-885-5446 f 952-881-3028

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NWHSU has applied to IA, MN, ND, SD and WI for 15 CE hours per session (2-days). Other states may be requested but additional fees may apply.

January 26-27th, 2019 SESSION 1 – EXTERNAL & INTERNAL IMBALANCES

One key point of the series is, "In the absence of trauma, bodies break down on the inside before they break down on the outside." We will learn to assess and connect external and internal imbalances via viscerosomatic reflexes.

February 23-24th, 2019 SESSION 2 – MASTERING PELVIS IMBALANCES

The 8 common pelvic imbalances will be presented in a way that is both easy to detect and correct. Lumbar disc evaluations and treatments will also be covered.

March 23-24th, 2019 SESSION 3 – UPPER EXTREMITY INJURIES

Cervical spine, including cervical disc, will be covered along with streamlined strategies to assess and correct upper extremity injuries and imbalances.

May 4-5th, 2019 SESSION 4 – LOWER EXTREMITY INJURIES

Lower extremity evaluation and treatment. The top 7 tests for the hip, knee, ankle, and foot will be demonstrated along with streamlined corrective procedures.

STUDENT SCHOLARSHIPS

1. NWHSU Students can receive a \$450 scholarship if you register now and attend the full program.
2. Single sessions are not eligible for the scholarship.
3. Students who complete **ALL 4 Sessions** are eligible for \$500 in nutritional credits.

Register Online: https://www.nwhealth.edu/conted/seminars/ak_master.html

| All 4 Sessions | Any Single Session | |
|-------------------------|--------------------|-------|
| Practitioners | \$900 (save \$300) | \$300 |
| 1st Year Graduate/Staff | \$450 (save \$150) | \$150 |
| Student | \$450 (save \$150) | \$150 |

Advance Payment is Required to Receive Discounts

Session 1 January 26-27 Session 2 February 23-24
Session 3 March 23-24 Session 4 May 4-5

Please Mark Session(s) You Will Be Attending

Sessions: 1 2 3 4 Full Program

Practitioners who have attended previous AK seminar series can attend at the reduced rate of \$205 per session or \$810 for the full program.

Saturdays 8 a.m.- 6 p.m., Sundays 8 a.m.- 1:45 p.m.
Lunch provided on Saturday.

Practitioner Staff Students
(make copies for additional people)

Full Name: _____

Address: _____

City / State / Zip: _____

Daytime Phone: _____

Date of Birth: _____

Email: _____

State of License: _____ License # _____

Check Enclosed
(Payable to Northwestern Health Sciences University)

Visa MasterCard Discover American Express
Card # _____

Expiration Date _____ Security Code # _____

Signature: _____

Payment must accompany your registration.

No registration at the door. Cancellation notice must be received 24 hours prior to the seminar to be eligible for a refund.

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