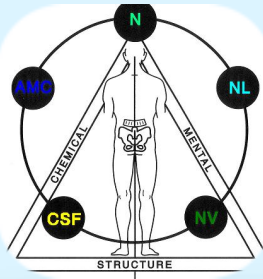


Experience Practice Precision Through Applied Kinesiology



Access the nervous system with muscle testing
Examine neurology/structure/biochemistry
Completely integrate exam & lab findings



“Muscle testing as functional neurology allows diagnosis of an unparalleled accuracy and refinement.”
~ George Goodheart, DC

As doctors, we all want to be masterful. We want the magic of our patients lives blossoming before us!

But, reality can fall short. The patients' history is vague and exam and lab findings seem unrelated. What now?

Whole System Patient Data Integration

AK. Examination with AK can lead us to possibilities we may not have considered, direct us to run exams or lab tests that we would have otherwise overlooked, and contextualize our data to make it meaningful and powerful.

How else would you know the patients' chronic digestive problem is due to a cranial fault, their chronic and unresponsive shoulder pain is a result of an ancient, painless, but unresolved ankle sprain, mitochondrial dysfunction is the root of their neurotransmitter imbalances, or that an acupuncture imbalance is driving their constant sadness?

Does AK work? Does a deep tendon reflex work? After this course you will know the neurological foundations for this method and you will have more clinical certainty.

Mentally Diagram Total Patient System Function

AK is the tool that allows you to hack a patients' nervous system to gather and contextualize patient history, exam findings, labs, and other data.

Using AK you can quickly, efficiently, and clearly determine the relationships between a patients' neurological, musculoskeletal, visceral, biochemical, and emotional systems.

Fulfill the Promise of Functional Medicine

The Functional Medicine/Healthcare Model is fulfilled through using AK! Pitfalls of the functional medicine model are the prohibitive costs of the extensive and exotic lab testing

and once the testing is done the typical “kitchen sink” approach to clinical nutrition that can quickly discourage a patients' spirit and compliance and exhaust their pocketbook.

Applied kinesiology allows you to use a systems-driven functional medicine model that is lean and efficient. AK allows you to test suppositions about your workup data, determine relationships, and discover the “lowest common denominator” for patient findings. Without AK how could you determine the lowest common denominator for a patient with chronic viral infections, mitochondrial dysfunction, generalized joint instability, hypothyroidism and urea cycle dysfunction to be manganese deficiency?

What good will localized treatment of musculoskeletal pain be when a patient lacks coordination of their posture or gait? Not much. However, AK objectively normalizes posture and gait within moments.

Experience Clinical Efficiency

When you are looking at a patient with presentation of systemic inflammation suspicious of prostaglandin imbalances you can run some rather exotic and very expensive lab work. Or, you could do some AK exam of the PG system, determine a logical course of action, run a “clinical trial of one” with the patients' permission and observe for confirmation with follow-up AK and patient presentation. Without results you can fall back on the lab testing for more data and resolution.

You will be able to consistently produce immediate results using AK methods. Yes, pain and ROM. But, also, physical exam, orthopedic, and neurological patients. You will be able to WOW patients over and over again throughout your day.

These approaches are practical, efficient, and cost-effective for the patient. And, they develop rapport, trust, and long-term relationships with patients and their family and friends.



You will learn...

- Neurological principles of afferentation, efferentation, tone, and transneuronal degeneration
- Proprioception, righting reflexes, and the neurological organization of posture and gait
- Accurate muscle testing
- AK assessment of somato-somatic, somato-visceral, viscero-somatic, and viscero-visceral reflexes, meaning to patients' condition, and how to treat for them
- Spinal and extremity manual therapies
- Craniosacral therapies - including TMJ
- AK applications of acupuncture
- Muscle - organ relationships
- Accurate nutrient testing
- Precision muscle therapies - muscle spindle cell, golgi tendon organ, origin-insertion, trigger points, facial flush, strain - counterstrain
- Integrating AK with physical exam, orthopedic, neurological, and lab findings
- Diagnostic algorithms for chronic, complex, and recurring conditions
- How to use AK efficiently & profitably in practice!

Drs. Hank Tolhurst and Mark Force

will be co-teaching these AK sessions!

Both Drs. Tolhurst and Force -

- **were taught by Drs. Goodheart and Walther!**
- each in family practice for over 35 years
- practice AK integrated with conventional diagnostics
- run fully booked, referral only, cash practices
- are long-term AK diplomates and certified instructors for the International College of Applied Kinesiology

Hank Tolhurst, DC, DIBAK

Specializing in Applied Kinesiology in over 38 years of practice. Past chairman of the International Education Committee (IEC) and as Vice Chairman of the International College of Applied Kinesiology (ICAK-USA). This is his tenth time teaching an AK certification course in San Jose.

Mark Force, DC, DIBAK, FIAMA

Developed formulas & run clinicals for Standard Process and Biotics Research, published peer-reviewed research, technical editor and contributor to numerous books on diagnosis and natural therapies for the physician, written a functional medicine approach book for lay selfcare - Choosing Health.

Location

14125 Capri Drive, Los Gatos, CA, 95032
First 3 classes to be taught outdoors and compliant with Santa Clara County and California health regulations

Dates

Session 1 - Aug 29-30, 2020
Session 2 - Oct 10-11, 2020
Session 3 - Nov 7-8, 2020
Session 4 - Dec 5-6, 2020
Session 5 - Jan 9-10, 2021
Session 6 - Feb 6-7, 2021
Session 7 - Feb 27-28, 2021
Session 8 - Mar 20-21, 2021

Schedule

Saturday, 9am-12pm, 1-5pm
Sunday, 9am - 12pm; 1-3pm

Fees for full course prepay

Doctor	\$1,800 (add \$100 after August 15th)
1st yr Dr	\$1,300 (add \$100 after August 15th)
Student	\$1,300 (add \$100 after August 15th)
Refresher Dr	\$1,000 / Refresher Student \$700

Payment plans available upon request contact Dr. Tolhurst

Fees per session

Doctor \$350/session (interview required)

Go to appliedkinesiologytraining.com for more info and online registration

Contact/Questions

Dr. Hank Tolhurst
dr.tolhurst@gmail.com
c 408-356-9459

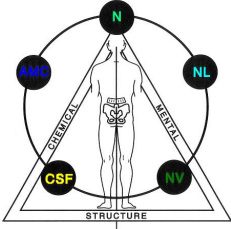


ICAK-USA is recognized by the PACE program of the Federation of Chiropractic Licensing Boards.

This program is a Group Live Seminar at a basic level. Attendees must be licensed physicians or student physicians.

Cancellation & Refund Policy - Refunds will be issued up to full tuition if requested before or at the end of session 1. Cancellations after October 22, 2017 will receive a full refund minus single session tuition for sessions attended and will be reviewed on a case to case basis. If attendees are not completely satisfied with the first session, a full refund will be issued.

Administrative Policies - For more information regarding administrative policies such as tuition and fee complaints, please contact Angela Capra directly at 913-387-5608 or email acapra@dci-kansascity.com.



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